

Law Enforcement Officers,

What do YOU do when...

- a) You have to **defend yourself** physically (from a single or multiple attack)
- b) You have a **weapon malfunction** (when you really need it)
- c) You are **unable to draw your firearm** (because of time and/or distance)

...in a hostile situation, how would you perform in a safe, responsible, and ethical manner *AND* neutralize the aggressor at the same time?

A message from Derek Bindner, Director and Head Instructor

Today, assaults against law enforcement officers and excessive force complaints are at an all-time high. In order to accommodate the needs of our clients during these changing times, I have merged a combination of the highly-effective, easy-to-learn and retain techniques of Brazilian Jiu-Jitsu, Yoshinkan Aikido, and WW2 Close Quarter Combat training into a complete Defensive Control



Tactics system. **TACTICAL DEFENSE SOLUTIONS** is the ultimate solution for any military, security or law enforcement individual and/or organization. Being in the law enforcement profession myself for over 13 years, I have been fortunate and smart enough to stay safe, using this exact system that I have been teaching since 1997.

Why law enforcement officers **NEED** this training **NOW**

Enhanced Officer Presence

Any law enforcement officer who is not capable of defending him or herself against a physical attack will display less confidence than one who can. This weak “officer presence” is easily detectable and will often cause a suspect to challenge the authority of the officer. Once an officer learns the techniques designed to keep them safe during the worst case scenarios, he or she no longer needs to fear the subject, the **TDS** system is known to boost an officer’s confidence more significantly than any other factor. This newly-found confidence enhances officer presence which the offender immediately detects, making them less likely to assault the officer from the start.

Reduced Liability

A fact: Any law enforcement officer who is not confident in their ability to control a suspect with their hands is more prone to resort to their weapons prematurely. All it takes is one excessive force incident to dramatically alter the stability of a police service and their relationship with the community they serve. Since the **TDS** system is based on controlled pain compliance techniques rather than uncontrollable strikes, the physical damage to the suspect is kept to an absolute minimum. Lawsuits and charges of police brutality decrease significantly when the **TDS** system is employed.

The Bottom Line

Make it home SAFELY after every shift. Period.

In a situation where an individual is actively resistant or assaultive, tactical communications are not enough. We need to employ empty hand techniques to control the subject, in conjunction with all other use of force response options. Defensive control tactics play a key role, because our number one priority is officer (and subject) safety. Officers must be able to use these skills under the realistic conditions that are present on the street. If an attempt to execute one particular technique should fail due to the subject's resistance, then a second or third technique should be automatically employed. An experienced practitioner will know that most techniques can be defeated if the subject offers the right type of resistance. It is the ability to flow seamlessly from one technique to another that will bring the resisting subject under control in the end. In order for these tactics to be successful, body mechanics must be understood and familiar to the officer. Combining techniques gives the officer more confidence and options, which allows the officer to resort to the next level of force. However, what happens when the firearm or weapon cannot be drawn because of resistance, lack of distance and time, or the firearm malfunctions? The officer must rely on his/her empty hand techniques, which is why we have created the Tactical Defense Solutions system.

TDS recognizes that there may be incomplete gaps in every individual's defensive tactics training. However, the TDS system will uncover and then fill those dangerous gaps that the officer may not even realize. The TDS system is the most unique, comprehensive, and complete training system of its kind in Canada.

Considerations

Psychology of Response

We must consider the two biggest reasons why a law enforcement officer will not draw their firearm before they are assaulted:

1. **Unjustified** – Unless someone's life is at risk, the officer is not justified in using deadly force.
2. **Unable** – Most physical assaults on officers are initiated so abruptly that the officer does not have the time or distance necessary to draw his or her firearm or less-lethal weapons, safely.

For the simple reason that officers are assaulted during a physical altercation, a non-violent defensive control tactics system must be in place that is effective, efficient and court defensible. **TDS is the solution.**

Edged Weapon Defense

Attacks that involve edged weapons pose a serious challenge to law enforcement officers and security personnel. Edged weapon attacks constitute a deadly force threat that happens at a very close range, and with little or no warning, leaving the officer with limited time to react. In most situations, an officer would be immediately justified in escalating to deadly force when confronted with a knife attack. However, if this action is not possible, again, the officer has to rely on their empty handed defensive tactics training.

Methods of Training and Distinctions

Yoshinkan Aikido is exclusively used by the world's busiest and most elite agencies such as the Tokyo Riot Police, the GSG8 (German counter terrorist) and UNDSS (United Nations Department of Safety and Security).

Brazilian Jiu-Jitsu is widely used by the US Special Forces, Delta and Navy Seal Operators, and uniformed personnel in every branch of the US military, US Army, US Air Force, US Marine Corps, and the US Coast Guard.

World War II combatives are close quarters combat techniques, which include hand-to-hand methods, and weapons techniques, taught to allied Special Forces in World War II.

Distinctions between World War II combatives and modern combatives include:

- 1) The former tends to be proactive by attacking the attacker, whereas the latter is generally reactive with specific defenses to specific attacks.
- 2) The former is based upon explosive high percentage gross motor strikes to vital targets, whereas the latter is based upon fine and gross motor skill grappling.
- 3) The former seeks primarily to disable the enemy as quickly as possible at all costs, whereas the latter seeks primarily to build "warrior ethos" and the courage to close with the enemy.

Continuous System Improvement

While most defensive tactics courses are based on theoretically sound techniques that are designed for semi-compliant suspects, the TDS system is entirely based on proven effective techniques that are applicable against fully resistant suspects. Over the last 13 years, the techniques featured in the TDS system have been taught to hundreds, many of whom have had the opportunity to employ the techniques in the line of duty. Reports submitted by these individuals have given us powerful insight regarding the applicability of the techniques. By utilizing this information, we will continue to update the program so that it is always comprised of the most applicable and effective techniques possible.

Questions to ask yourself...

- When will *my* back-up arrive?
- Who is my back-up, and can I count on them?
- Who is counting on *me* to return home safely?
- What is *my* safety and peace of mind worth?
- Why should *I* learn to better protect *myself*?
- Can I protect *myself*, *my* family, and *my* Freedom?
- Ultimately who is responsible for keeping *me* safe?

TDS "THE ULTIMATE SOLUTION"

"TDS is a complete, easy to learn and retain defensive control tactics system that will protect, and keep law enforcement officers safe, as well as controlling the

offender, effectively, ethically and responsibly, without having to escalate to deadly force.”

Call us now to book your group training or private lessons

519-660-0992 or email us at info@aikidonetwork.com

Private Lessons

Benefits

1. **Personal Attention:** The techniques taught in group classes and private classes are the same. The difference is that when you are training one-on-one with an instructor he will give you immediate feedback regarding your technical execution since he knows precisely how it is supposed to feel. In a group lesson, unless you have a very attentive training partner, you may make a mistake and not realize it, and this may lead to the development of bad habits.
2. **Linear Learning:** Although the group classes require no previous experience, a proven fact is that the order in which you learn the techniques greatly affects the time it takes you to master the technique. In private lessons your instructor will present the techniques in the optimum order.
3. **Flexible Schedule:** In general, private lessons can be scheduled at any time, day or night, no matter how crazy your schedule may be, you will always be able to get your weekly dose of TDS techniques.
4. **Minimum Time, Maximum Results:** Whether you only have 30 days to train before you are deployed, or you are traveling from afar, private lessons will enable you to get the greatest amount of knowledge in the least amount of time.
5. **Quick Boost:** If you regularly attend our group classes and want to tighten up on a few TDS techniques or get ready for a test, then you can schedule private lessons to give yourself a boost.

By incorporating the **TDS training system**, officers will have more options and better solutions to deal with situations in an appropriate, responsible, and professional manner.

Law enforcement officers are held fully accountable for their actions. Therefore, **Aikido Network** believes that these individuals should receive the best, practical, efficient and effective training and education available today. Don't you?

Call Aikido Network TODAY at **519-660-0992** and increase your personal safety skills and peace of mind with the **TACTICAL DEFENSE SOLUTIONS** Training System.

Your family and community will thank you.

Call Aikido Network to start your group training or private lessons NOW!

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TDS Training System Course of study Outline

Module 1: Surprise Attack Counters from Standing

The most challenging assault to defend against is the one that has been initiated suddenly and unexpectedly. Although a safe distance and constant alertness may reduce the likelihood of an attack, if a seemingly cooperative suspect suddenly becomes aggressive, you will have techniques and reflexes to neutralize the attack, and gain control of the situation without causing any unnecessary harm to the suspect.

Module 2: Standing Controls

When you find yourself in arms length of the suspect, these controls and come-along techniques will enable you to neutralize the suspect's resistance, and gain control of the situation without putting you or the suspect in harms way.

Module 3: Controlled Takedowns

Any type of control comes from having a stabilized position, both from standing and on the ground. Anything in between can be uncertain, and potentially very dangerous. When the standing distance has been closed, and the altercation goes to the ground, these strategies must be employed immediately to ensure a safe landing, and the officer achieves the top position, and the risk of injury is lowered.

Module 4: Ground Survival and Escape Strategies

If you find yourself underneath a much heavier, stronger opponent who is determined to incapacitate you, these strategies will enable you to neutralize their strikes, escape, and gain control of the situation.

Module 5: Arrest and Control Procedures

Controlling a suspect when you have multiple colleagues assisting you is a relatively simple process. In the TDS system we focus on highly-effective, fulcrum and leverage-

based control tactics and handcuffing techniques that are equally efficient in a solo situation as they are in a multi-officer procedure.

Module 6: Weapon Retention Techniques

Keeping a safe distance is critical in making sure that the suspect does not gain control of your firearm. If, however, distance is not an option, these techniques will enable you to retain your weapon from every position in the struggle.

TDS Teaching Methodologies

The most important and most critical topic covered in the TDS system is the Teaching Methodology. The methods you learn here will not only enable you to defend yourself in the most effective way possible, but they will increase your confidence as a professional in all areas.

DO NOT DELAY ANOTHER MINUTE! CALL US NOW!

The T.D.S. Defensive and Control Tactics training course will enhance your performance, and benefit you in life and on the job, in the following ways:

Increased...

Mental clarity

Self- confidence

Self-assurance

Personal safety skills

Self-protection skills

Personal insurance

Control of undesired situations

Assertiveness

The T.D.S. Defensive Control Tactics training course may be the best investment you will ever make in your life, for you and your family. Make that investment before you regret it!

Give the T.D.S. system a try at the Aikido Network Training Centre, you will NOT regret it for a second. Call Now, for the most complete Defensive Control Tactics System available today!